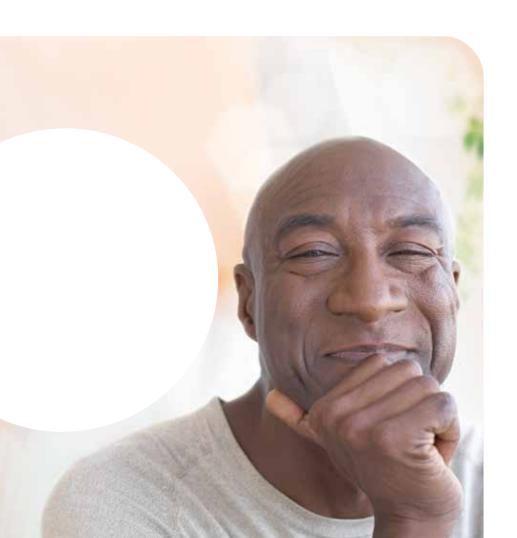


Psychology and Counselling Prospectus 2016/2017



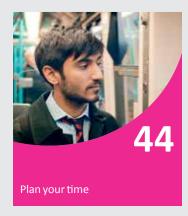
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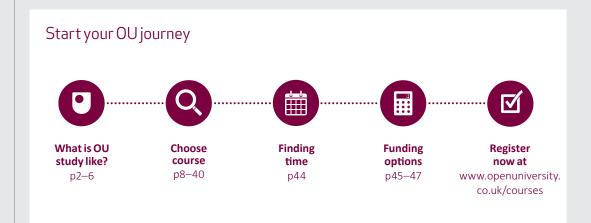
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Welcome Melcome

The most important thing you'll learn is what you're capable of

Hello and welcome to The Open University (OU). Are you as excited about changing your life as we are about welcoming you as a student? We believe there's never been a better time to join us.

Every year, thousands of people just like you decide to start studying with us. Our whole philosophy is based around recognising the importance of flexible, part-time study and finding ways to make that study more accessible to anyone who has the drive and desire to learn in an increasingly competitive world.

With the OU you're guaranteed outstanding value. Our qualifications are up to date and commercially focused, ensuring that new skills and knowledge gained as you work towards your goal are put into practice immediately.

We've established strong alliances with employers as a result of the flexible way we deliver our qualifications and our learning methods are respected and appreciated by employers and students alike.

We've opened up the world of higher education for anyone who wants to improve their life. We take your goals seriously, and we are here to help you make the right choices. We're the market leader for people who need studies to fit around busy working lives and family commitments. That's why we're so confident the OU is the right choice for you.

"If you're in two minds as to whether or not the OU is for you, the only thing I can say is do it. You won't regret it!"



Lindsay Dow, studied with the OU



Every day, someone, somewhere, is picking up the additional skills they'll need to gain a qualification in psychology and counselling. You can be that person.

We recognise people like you, who are determined to succeed.

Getting an OU qualification in psychology and counselling will give you a unique edge in the workplace and help you develop a very personal and individual outlook on the world.

Like thousands of other people looking to study with the OU, you've got something in common – you're eager to learn and improve yourself.



"I transferred my course materials to my iPad, Kindle and laptop – that way they were always with me when I had a moment free."

Karl Hamilton, studied with the OU

We're confident we're the right choice for you. Here's why:

1. The support you need

We know you'll be giving it your all. So we'll give you the freedom and personal support you need to study your course, and get a qualification, your way.

2. The qualifications employers respect

Our qualifications have such an excellent reputation all over the world, you can be confident your life will change for the better thanks to studying with the OU.

3. The knowledge you want

Highly experienced tutors and quality resources that are second to none. You just can't get the same combination of expertise, materials and methods of learning anywhere else.

4. The technology that works

When it comes to finding new technologies that make your life and studying even easier, we never stand still. You can guarantee we'll stay ahead of the game on your behalf.

5. Life-changing learning

What we offer is a personalised learning experience, one that's been designed to fit in with careers and personal lives, and change your life forever.



"The OU is unlike most red-brick universities, it's unique in a very precious way – it gives opportunity and flexibility to anyone who wants a higher education, no matter what their social and financial limitations."

Fatema Islam, studied with the OU

You can do this - we know you can

We won't pretend it's easy, but you can be sure there's no other university in the world that supports you the way we do. We're pioneers in the method of distance learning, making The Open University truly unique.

We're in the best possible position to give you all the help you'll need to achieve your study goal, and make every moment of your studies worthwhile.

Simply choose your course, and change your life today

Whichever qualification you choose, you'll be studying a curriculum that's internationally relevant, which has been created and is taught by academics with industry insights and lifetimes of experience – people whose insights and research are out of this world.

We believe our courses are incomparable

We've forged unique partnerships with some of the world's most influential thought leaders, the BBC being the most widely known. Our joint ventures educate the world, receive outstanding reviews and give us access to people who

bring relevant, practical knowledge to guide our research and shape the course content you'll be studying.

From the materials in our undergraduate degrees to OpenLearn courses that anyone can access free of charge – all you have to do is take the first step. It's all here for you, and because we're committed to delivering our materials using some of the most up-to-date digital technologies, it's all unbelievably accessible.

World-class resources

The Open University has more online library resources than any other university in the UK.

Reassuring credentials

Global employers and skills councils help us create our courses, so you'll learn what's actually needed to enhance your career.

Groundbreaking innovation

We never stand still. We're developing new ways of learning all the time, to make your studying easier wherever you may be.



Highest standards Just under 90% of the FTSE 100 have sponsored staff on OU programmes.



Excellent support
Our students all have their
own tutor for each subject
module – each tutor supports
about 20 students.

Psychology and rewarding



Whether you're looking to advance your career, or you're simply intrigued by the subject and eager to find out more, there's no better way to immerse yourself in this compelling field of study.

Thinking ahead

We'll ask you diverse, challenging questions. You could find yourself straddling disciplines like biology, criminology, computing and IT, education, law, linguistics, neuroscience, philosophy and sociology – this is one of our richest, most diverse areas of study.

What's more, our qualifications in psychology and counselling equip you with the skills and knowledge you'll need in so many careers. They do this by focusing on human experience, thinking and behaviour at different levels – from the everyday to the exceptional, in social, cognitive, biological and developmental theory.

Getting ahead, staying ahead

Studying for a qualification with us means you can balance your ambitions for tomorrow with your career today.





Shaping a course for your ambitions

There may be a specific area of psychology you'd like to explore. It might be an industry-relevant qualification that's on your horizon, or perhaps you'd like to broaden your skill set?

Whether you're aiming for a career in forensic psychology, counselling and psychotherapy, social psychology, or child development, you'll learn about influential disciplines, and have opportunities to combine key areas of study and fields of expertise.

Our courses offer an excellent combination of practice-based skills development, theory and technical understanding. They're courses we've created with the help of leaders in this field. This is a subject area that's rich in its content and potential.

Achieving your goals – we're with you all the way

OU study stands out on a CV. It demonstrates that you have the initiative and determination to succeed, attributes that employers are looking for. It's also ideally suited for students who are simply fascinated by the subject matter, and want to fit world-class studies into an already busy life.

These are some of the fields our students can pursue, after gaining a qualification in psychology and counselling with us:

- pure psychology
- advertising and marketing
- education and development
- the health professions
- social services
- human resources.

Some careers require further study, training or work experience.

The right qualifications

As long as you get a lower secondclass (2:2) honours degree or better, our BSc (Hons) Psychology, BSc (Hons) Forensic Psychology, BSc (Hons) Social Psychology and BSc (Hons) Psychology and Counselling degrees are accredited by the British Psychological Society (BPS) as conferring eligibility for the Graduate Basis for Chartered Membership (GBC). This is the first step towards achieving the professional qualifications required to become a chartered psychologist.

To become a chartered psychologist you'll need to undertake supervised practice and appropriate postgraduate study at masters or PhD level in order to gain professional (registered-to-practice) qualifications.



O,

Find out more about what an OU qualification in psychology and counselling could mean for you. Go to: www.openuniversity. co.uk/careers.

The flexibility to learn in your own way



Consistent quality

We're one of only 3 universities to consistently achieve over 90% for student satisfaction in the National Student Survey.



Exclusive access

As an OU student you'll have access to world-class library resources, whenever you need them.

With the OU, you have the flexibility you need to make your studies fit in around life's other commitments. We call it 'Supported Open Learning'.

Our teaching method is unique

You'll have more one-to-one contact than you'd have with other types of distance education and more flexibility than campusbased learning.

Our academics are respected the world over and you'll have access to all the latest research through the OU library.

What's more, if there's a new type of technology around or a better way to do things, you can guarantee we're already testing it on your behalf.

Always independent, never alone

You'll have opportunities to take part in tutorials, and we'll make sure you've got everything you need – whether you're studying from home, at work, or on the move.

As soon as your course starts we'll also put you in touch with a Student Support Team who can help you with any concerns about your studies.

Whatever you decide to study, you'll find like-minded students connecting with each other in our online forums – pretty much 24 hours a day.

We have a vibrant student community

We're here to help you every step of the way. In fact, people are often surprised by how social we are as a community—and our forums are alive with people just like you, whenever you log on, whether it's a module discussion group or one of the many informal Facebook groups set up by students.

Students Association

All students gain automatic membership to our strong and active Students Association – run by students, for students. You'll have the chance to influence University decisions, meet fellow students and develop new skills. To find out more go to www.openuniversity.co.uk/ousa.

You can also join the conversation at:

- Facebook.com/OUstudents
- ▼ Twitter.com/OUstudents
- ☑ Instagram.com/OUstudentslive

Need a little extra help?

Last year the OU supported over 22,000 students with disabilities or additional needs. So if you have any additional requirements, we'll do our best to make your studies accessible. We're only a phone call away, and we'll also be supporting you online and via email.

To find out if you qualify for extra financial help with study and travel costs, see page 48, call us on +44 (0)300 303 5303 or go to www.openuniversity. co.uk/disability.





Like our Facebook page and follow us on Twitter for all the latest news from the OU.

Facebook.com/theopenuniversity
Twitter.com/openuniversity



Psychology and counselling studies underpin some of the most exciting and forward-thinking research we're involved in here at The Open University.

We're excited at the idea that you may be joining us, because we never know who's going to bring that unique spark and thirst for discovery to us next.

Forward thinking

As part of a wide-ranging OU research project focused on cognitive performance, our teams have developed the 'Brainwave app' – which is now available on Google Play and at the App Store.

Users play five games, developed from the latest psychological research, to build a picture of how their cognitive functions perform throughout the day. The outcome answers the age-old question – are you an 'early bird' or a 'night owl',

the aim being to understand when you're most likely to be performing at your best.

The scores are anonymous, but our researchers are analysing the data to see how everyday rhythms, and the time of day, affect how the games are played and the effect on brain performance. It will help them to understand more about brain functions at different times of the day, linking to Circadian rhythms.

Undergraduate Study

The Open University is one of Europe's largest providers of university-level education in psychology.

How undergraduate study works

To achieve your chosen qualification, you need to build up a set number of credits.



You gain credits by completing a series of modules. Credits vary by module.



You choose the modules you want to study, year by year.

Depending on your qualification, some modules may be compulsory while others may be selected from a set of options.

Getting started with an Access module	
Degrees (with BPS¹ accreditation)	
BSc (Hons) Psychology (Q07)	11
BSc (Hons) Forensic Psychology (Q82)	14
BSc (Hons) Social Psychology (Q83)	16
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Other degrees that include psychology	
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NEW BA (Hons) Criminology and Psychology (Q98)	27
BA (Hons) Philosophy and Psychological Studies (Q43)	29
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Certificate of Higher Education Open (T09)	40
¹ British Psychological Society	
- British Toyon Story Carobicty	

Getting started with an Access module

Access modules are designed to improve your confidence and refresh your study skills. You could even study for **free**.

They're also a great way to explore a subject that interests you and for getting an overall feel of what it's like to learn with the OU.

Access modules give an excellent insight to the way we offer Supported Open Learning: you'll have a personal tutor providing regular feedback through one-to-one telephone tutorials and further support throughout your study.

Each module offers a range of materials, online quizzes and course assignments that you'll complete over a period of 30 weeks. It takes around nine hours of study each week to stay on track.

You'll always get detailed written feedback on your work. And when you get that OU Access Module Certificate at the end of the course, you'll be well prepared to continue your studies towards a qualification.

Access modules start in February and October, every year.

Should I start with an Access module?

If you'd like to brush up on your study skills, improve your confidence, and make a practical decision about whether or not Supported Open Learning is right for you – then yes, an Access module is the ideal starting point.

And if you have little or no experience of university-level studies, then an Access module is a perfect introduction to what's needed, what you'll have to do, and how you'll study via distance learning.

What do I need to begin my studies?

After registering you'll receive your study materials in the post.

As well as access to a phone and equipment that plays DVDs, you will need the use of a computer with internet access. You don't need to go out and buy one though, the use of one at a library or drop-in centre will be fine.

Which Access module should I study?

The following Access module is linked to one or more of the qualifications we offer in psychology and counselling.

People, work and society Access module (Y032)

This is a multi-discipline module – you'll be getting fascinating insights into a wide range of areas, including social sciences; health; childhood studies; law; management and psychology. This will let you improve your subject knowledge in those areas particularly, but also prepare you for further study on a wide variety of qualifications.

We offer two other Access modules, which are more relevant to other subject areas:

Arts and languages
Access module (Y031)

Science, technology and maths Access module (Y033)



Students who prepare by taking an Access module are more likely to be successful in their future studies.



How much will it cost?
For more information on how
much an Access module will cost
see page 45. You could even
study for free.



Order an Access module brochure online at www.openuniversity.co.uk/ug-access or speak to our Student Recruitment Team on +44 (0)300 303 0069.

Undergraduate qualifications

Registration for the 2016/2017 academic year opens for all undergraduate qualifications on 11 February 2016. Qualification start dates are based on the start date of the first applicable module(s) you can study as part of your qualification.

The qualification descriptions in this prospectus list the modules that are currently available for study. However, as we review our curriculum on a regular basis, the exact selection may change over time.



BSc (Hons) Psychology

Psychology pervades just about every aspect of our personal and professional lives. The frequent query, 'What do you have in mind?' quite literally captures much of what psychology – the science of human behaviour – is all about. Studying our BSc (Hons) Psychology degree gives you a window into the workings of the mind – why we do the things we do and how we interact with others.

On this fascinating journey you'll gain knowledge and understanding of the different areas of psychology; develop valuable analytical and communication skills; and enhance your ability to work both independently and collaboratively, all of which will put you in a strong position when it comes to employment opportunities. You'll also explore how psychologists use evidence derived from research to contribute to debates on matters such as ageing, crime, education, employment, forensic science, mental health, relationships and much more.

Total credits: 360 Code: Q07

Start date: Oct 2016

(registration closes 08 Sep 2016)

Feb 2017

(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

This degree builds an impressive breadth of knowledge and skills applicable to a wide range of careers in advertising, marketing, careers counselling, education, health, human resources, management, police and social services.

You'll also develop valuable transferable skills including communication, IT, numeracy and team-working skills; independent and critical thinking; analysing and evaluating information including qualitative and quantitative data; designing and carrying out research projects and presenting their findings; problem solving and reasoning; application of learning to real world problems; and independent learning.

This degree is designed to deliver the requirements for the Graduate Basis for Chartered Membership (GBC) of the British Psychological Society (BPS). To be eligible for GBC you must achieve a 2:2 or higher.





Broader thinking

We offer the largest range of distance learning BPS accredited psychology degrees in the UK.



120 credits required

In Stage 1, you'll be introduced to some of the big topics in psychology and to the academic skills needed for successful study.

You'll start with one of two options. Introducing the social sciences (DD102) sets a context for psychology within the social sciences, covering psychology, criminology, sociology and other related areas. Alternatively, Introduction to childhood studies and child psychology (E102) provides a broad general knowledge of interdisciplinary childhood studies, and an understanding of the fundamentals of child psychology.

Finally, Investigating psychology 1 (DE100) explores the different and fascinating ways that psychologists investigate how we think and behave, and considers how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Optional module – 60 Select one from:	O credits	
Introducing the social sciences	60	DD102
Introduction to childhood studies and child psychology	60	E102
Compulsory module	– 60 cred	its
Investigating psychology 1	60	DE100

120 credits required

Stage 2 begins with a choice of modules, enabling you to explore the areas of psychology that most interest you.

Currently these are: Counselling: exploring fear and sadness (D240); Living psychology: from the everyday to the extraordinary (DD210); Psychology of childhood and youth (E219); Sport and exercise psychology: a case study approach (E233) and The science of the mind: investigating mental health (SDK228).

You'll complete Stage 2 with Investigating psychology 2 (DE200), which builds on your core Stage 1 study. You'll cover all the areas of psychology specified by the British Psychological Society, building your understanding of how psychologists explain the way we think, feel and behave.

Module summary CREDITS CODE

Optional module(s) - 60 credits

Select one or two from	n:	
Counselling: exploring fear and sadness	30	D240
Living psychology: from the everyday to the extraordinary	60	DD210
Psychology of childhood and youth	60	E219
Sport and exercise psychology: a case	30	E233

The science of the mind:		
investigating	30	SDK228
mental health		

study approach

Compulsory module – 60 credits

Investigating 60 DF200 psychology 2

Stage 3

120 credits required

Stage 3 begins with a choice of modules, Exploring psychological aspects of athletic development (E313), Issues in research with children and young people (EK313), or Social psychology: critical perspectives on self and others (DD307).

From 2017, two new modules are planned: Advancing social psychology (DD317) and Counselling and forensic psychology: investigating crime and therapy (DD310).

Finally, you'll complete your degree with Investigating psychology 3 (DE300). The first part of this advanced module builds directly on Investigating psychology 2 (DE200), exploring the relationship between the questions we ask in psychology and the methods we choose to seek the answers. The second half is an independent research project which will develop further your skills of critical thinking, communication and understanding practice.

Module summary	CREDITS	CODE
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Optional module – 60 credits Select one from:

young people

Exploring psychological aspects of athletic development	60	E313
Issues in research with children and	60	EK313

Social psychology: critical	60	DD307
perspectives on self and others		
Advancing social psychology (planned for October 2017)	60	DD317
Counselling and forensic psychology: investigating crime and therapy (planned for October 2017)	60	DD310
Compulsory module – 60	0 cred	its

Diploma of Higher Education in Psychology (W45) and Certificate of Higher Education in Psychology (T22)

60

DE300

Investigating

psychology 3

We also offer a diploma of higher education which follows the same curriculum as Stages 1 and 2 of the BSc (Hons) Psychology (Q07) and a certificate of higher education which follows the same curriculum as Stage 1 of the degree.



www.openuniversity.co.uk/q07



BSc (Hons) Forensic Psychology

What makes people do harm to others? What is a psychopath? How do you conduct an intervention with someone convicted of a violent crime, or help someone who has been the victim of crime? This degree explores these questions and many others to do with psychology, crime and justice. You'll also explore the field of psychology more broadly, gaining a window into the workings of the mind and insights into why people behave the way they do.

You'll examine how forensic psychologists use evidence derived from research to contribute to debates on crime, policing, criminal justice and rehabilitation; and how psychology is critical to understanding education, employment, mental health, and relationships. On this fascinating journey you'll gain a practical understanding of psychology and advanced analytical and communication skills; and enhance your ability to work both independently and collaboratively, all of which will prove invaluable to your career development.



Total credits: 360 Code: Q82

Start date:
Oct 2016
(registration closes 08 Sep 2016)
Feb 2017
(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

This degree is relevant to a broad range of careers in the criminal justice system, such as the prison and probation services, and organisations concerned with the care and resettlement of offenders, victim support, crime prevention and social justice. You'll gain an impressive breadth of knowledge and skills that are also much sought after in advertising, marketing, career counselling, education, the health professions, human resources, management, police and social services.

You'll also develop many valuable transferable skills such as communication, numeracy, effective team working, independent and critical thinking, information and data analysis, research and presentation, problem solving and reasoning.

This degree is designed to deliver the requirements for the Graduate Basis for Chartered Membership (GBC) of the British Psychological Society (BPS). To be eligible for GBC you must achieve a 2:2 or higher.

Please note that to practice as a forensic psychologist requires postgraduatelevel training.

120 credits required

You'll begin with two broad introductory modules which provide a firm foundation for more specialised study in forensic psychology, and develop essential study skills.

First, Introducing the social sciences (DD102) provides a broad overview of social science disciplines, including psychology, criminology, geography and environment, politics and international studies, economics and sociology.

Then, in *Investigating psychology 1* (DE100), you'll explore how psychologists study our thinking and behaviour – and how academic research can be applied in real-life settings.

Module summary CREDITS CODE

Compulsory modules – 120 credits

Introducing the social sciences 60 DD102

Investigating 60 DE100

psychology 1

Stage 2

120 credits required

You'll begin Stage 2 with Living psychology: from the everyday to the extraordinary (DD210). It covers a broad range of psychological theories and research that relate to real-world issues. These include: love, sexuality, artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy.

Next, Investigating psychology 2 (DE200) expands on the core areas of psychology introduced in the Stage 1 module – covering cognition; developmental psychology; psychobiology; social psychology; research methods; and practical work.

Module summary	CREDITS	CODE
Compulsory module	s – 120 cre	edits
Living psychology: from the everyday to the extraordinary	60	DD210
Investigating psychology 2	60	DE200

Stage 3

120 credits required

You will start your Stage 3 study with Counselling and forensic psychology: investigating crime and therapy (DD310), planned for October 2017, which will develop your skills and knowledge in both of these professional areas, while allowing for a certain level of specialisation in forensic psychology. The module will take an applied approach and tackle issues such as counselling vulnerable clients and working with offenders.

Your final module will be Investigating psychology 3 (DE300), which provides a more in-depth overview of the core areas of psychology introduced and developed at Stages 1 and 2, exploring the relationship between the questions we ask in psychology and the methods we choose to seek the answers. You'll also carry out an independent research project under the supervision of a tutor, extending your skills of critical thinking, communication and understanding practice.

Module summary CREDITS CODE

Compulsory modules – 120 credits

Counselling
and forensic
psychology:
investigating 60 DD310
crime and therapy
(planned for
October 2017)

Investigating
psychology 3

60 DE300



www.openuniversity.co.uk/q82



BSc (Hons) Social Psychology

Why do we cooperate with one another? Are leaders born or made? Why is one person receptive to a political speech or an advert and another immune? How do we intervene in situations like rioting and looting, when public opinion is very strong?

This degree investigates such intriguing questions, developing your understanding of contemporary social psychology. You'll also explore psychology more generally, gaining a window into the workings of the brain and the mind, and insights into why people behave as they do. You'll explore how social psychologists use evidence from research to contribute to debates on attitude change, public policy, policing, and social justice; and how psychology helps us understand workplace behaviour, communication biases, education, employment, mental health and relationships.



Total credits: 360 Code: O83

Start date: Oct 2016

(registration closes 08 Sep 2016)

Feb 2017

(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

This degree is relevant to the broad range of careers associated with general psychology, including career counselling, education, the health professions, human resources, public policy, personnel and management, police and social services, advertising and marketing. Specialising in social psychology opens up additional employment sectors including social justice, public policy, media and communications.

You'll also develop many transferable and work-related skills that are highly valued by employers, such as communication, numeracy, team working, independent and critical thinking, information and data analysis, research and presentation, problem solving and reasoning.

This degree is designed to deliver the requirements for the Graduate Basis for Chartered Membership (GBC) of the British Psychological Society (BPS). To be eligible for GBC you must achieve a 2:2 or higher.

120 credits required

You'll begin with two broad introductory modules which provide a firm foundation for more specialised study in social psychology, and develop essential study skills.

First, Introducing the social sciences (DD102) provides a broad overview of social science disciplines, including psychology, criminology, geography and environment, politics and international studies, economics and sociology.

Then, in *Investigating psychology 1* (DE100), you'll explore how psychologists study our thinking and behaviour – and how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Compulsory modules	s – 120 cre	edits
Introducing the social sciences	60	DD102
Investigating psychology 1	60	DE100

Stage 2

120 credits required

At Stage 2 you'll study two compulsory modules, beginning with *Living psychology:* from the everyday to the extraordinary (DD210).

You'll cover a broad range of psychological theories and research that relate to real-world issues. These include: love, sexuality, artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy.

Next, Investigating psychology 2 (DE200) expands on the core areas of psychology introduced in the Stage 1 module – covering cognition; developmental psychology; psychobiology; social psychology; research methods; and practical work. This covers a range of social psychological topics, including prejudice, behaviour in groups, helping and altruism, attitudes and relationships.

Module summary	CREDITS	CODE
Compulsory modules	s – 120 cre	edits
Living psychology: from the everyday to the extraordinary	60	DD210
Investigating psychology 2	60	DE200

Stage 3

120 credits required

You'll begin Stage 3 with either Social psychology: critical perspectives on self and others (DD307), which explores topics such as personality, emotion, prejudice, conflict and group processes; and deepens your understanding of what it is to be a person in a social context, or a new module, Advancing social psychology (DD317), which is planned for October 2017.

Your final module will be Investigating psychology 3 (DE300), which provides an in-depth exploration of the relationship between the questions we ask in psychology and the methods we choose to seek the answers. You'll also carry out an independent research project under the supervision of a tutor, extending your skills of critical thinking, communication and understanding practice.

Module summary	CREDITS	CODE
Compulsory modules	– 120 cre	edits
Social psychology: critical perspectives on self and others ¹	60	DD307
Investigating psychology 3	60	DE300

¹Or, from October 2017, Advancing social psychology (DD317).







BSc (Hons) Psychology with Counselling

The value of counselling to improve wellbeing and quality of life is increasingly recognised. From everyday worries to serious mental health issues like chronic anxiety and depression, counselling and psychological therapy can help us cope.

The BSc (Hons) Psychology with Counselling degree explores theoretical and practical perspectives in these two closely aligned subject areas, focusing in particular on how counselling works and how it can help people change. You'll also take a broad look at the field of psychology, gaining insights into the workings of the mind and why people behave the way they do. You'll consider how counsellors and psychologists use research evidence to contribute to debates on different counselling approaches, mental health conditions, diagnosis and treatment options, and how psychology is critical to understanding mental health, relationships, education and employment.



Total credits: 360 Code: Q84

Start date: Oct 2016

(registration closes 08 Sep 2016)

Feb 2017

(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

This degree is relevant to a broad range of careers in public, private and voluntary sector organisations – and 'people skills' are a great asset in the workplace, whether you're working with individuals or in teams. You'll gain a theoretical basis in counselling that, with additional training, could help you become a professional counsellor. You'll also have an impressive breadth of knowledge and skills that are highly attractive to employers, including advanced analytical and communication skills, and the ability to learn to work independently and collaboratively.

This degree is designed to deliver the requirements for the Graduate Basis for Chartered Membership (GBC) of the British Psychological Society (BPS). To be eligible for GBC you must achieve a 2:2 or higher.

Please note: completion of this degree does not qualify you to practise as a counselling or clinical psychologist, psychotherapist or counsellor, as further training is required to work therapeutically with clients.

120 credits required

Stage 1 provides a firm foundation for more specialised study in psychology and counselling, and develops essential study skills.

You'll start with one of two options. *Introducing the social* sciences (DD102) provides a broad, fascinating overview of social science disciplines, including psychology, criminology, geography and environment, politics and international studies, economics and sociology. Or, you can choose a broad introduction to science in Science and health: an evidence-based approach (SDK100). Through a series of multidisciplinary case studies you'll explore fascinating topics such as infectious disease, nutrition, pain, life-threatening injuries, alcohol and visual impairment.

Then, in *Investigating psychology 1* (DE100), you'll explore how psychologists study our thinking and behaviour – and how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Triodate Sairminary		

Optional module – 60 Select one from:	credits	
Introducing the social sciences	60	DD102
Science and health: an evidence-based approach	60	SDK100

Compulsory module – 60 credits

Investigating 60 DE100 psychology 1

120 credits required

In Stage 2 you will study three modules. The first, Counselling: exploring fear and sadness (D240), will deepen your theoretical understanding of counselling. You'll explore how fear and sadness have been understood and treated historically, and examine current counselling approaches and therapies.

The science of the mind: investigating mental health (SDK228) looks at mental health conditions such as depression and dementia, and challenges the medical model of mental health with its reliance on drug treatment — contrasting it with ideas from the field of health psychology.

Finally, Investigating psychology 2 (DE200) expands on the core areas of psychology introduced in the Stage 1 module: cognition; developmental psychology; psychobiology; social psychology; research methods; and practical work.

Module summary CREDITS CODE Compulsory modules – 120 credits

/		
Counselling: exploring fear and sadness	30	D240
The science of the mind: investigating mental health	30	SDK228

Investigating 60 DE200 psychology 2

120 credits required

You will start your Stage 3 study with Counselling and forensic psychology: investigating crime and therapy (DD310), planned for October 2017, which will develop your skills and knowledge in both of these professional areas, while allowing for a certain level of specialisation in counselling psychology. The module takes an applied approach and tackles issues such as counselling vulnerable clients and working with offenders.

Your final module will be Investigating psychology 3 (DE300), which provides a more in-depth overview of the core areas of psychology introduced and developed at Stages 1 and 2, exploring the relationship between the questions we ask in psychology and the methods we choose to seek the answers. You'll also carry out an independent research project under the supervision of a tutor, extending your skills of critical thinking, communication and understanding practice.

Module summary CREDITS CODE

Compulsory modules – 120 credits

Counselling and forensic psychology: investigating crime and therapy (planned for October 2017)	60	DD310
Investigating psychology 3	60	DE300



www.openuniversity.co.uk/q84

)ther degrees



BA (Hons) Combined Social Sciences (Psychology)

What causes riots? Is commercialisation eroding childhood? Does poverty lead to crime? The social sciences explore such questions and help inform others – from police officers to civil servants to business executives – who want to base their decisions on the best evidence.

This degree is designed to be very flexible, enabling you to combine specialist study in psychology with other social science subjects including sociology, criminology, geography, politics and economics. You'll be able to draw together ideas about the major issues that affect individuals and society, and you'll acquire a wide range of valuable transferable skills – opening up employment opportunities in private, public and voluntary sector organisations.





Total credits: 360 Code: Q69

Start date: Oct 2016 (registration closes 08 Sep 2016) Feb 2017 (registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

Social science graduates are in demand for the diversity of their skills and breadth of mind. The range of subjects and perspectives covered by this degree will demonstrate your adaptability and versatility to employers, who'll also value your ability to evaluate data and evidence, and to integrate rather than compartmentalise knowledge. You'll gain valuable workrelated skills, including using IT to research and present information; critical evaluation; concise writing; reasoned argument; independent thinking; self-motivation; and the ability to reflect on your own work. Graduates may find employment in government and public administration; health and social care; education; charities; PR, media and market research; planning and environmental management; police, law and criminal justice; business and commerce.

Please note: completion of this degree will not make you eligible for the Graduate Basis for Chartered Membership (GBC) conferred by the British Psychological Society.

Stage 1

120 credits required

You'll start with Introducing the social sciences (DD102), a broad, fascinating overview of psychology, criminology, geography and environment, politics and international studies, economics and sociology.

For the second half of Stage 1 we recommend that you study *Investigating psychology 1* (DE100) which introduces key issues in psychology, and some of the important theories and methods that help psychologists understand how individuals and society interact.

At the end of Stage 1, you'll have a good grasp of the type of issues studied by social scientists, and a range of skills including evaluating evidence, making arguments, analysing different types of data, thinking critically and writing for different audiences.

Module summary CREDITS CODE

Compulsory module – 60 credits

Introducing the social sciences 60 DD102

Optional module – 60 credits

Investigating psychology 1 60 DE100

Stage 2

120 credits required

Stage 2 begins with *The uses of social science* (DD206), which explores how social science uses evidence to describe the social world – for example, how personal troubles like obesity or smoking become a basis for public concern – and how research can shed light on such debates.

Then, Living psychology: from the everyday to the extraordinary (DD210) covers a broad range of psychological theories and research that relate to real-world issues. These include: love, sexuality, artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy.

Module summary	CREDITS	CODE
Compulsory module	s – 120 cre	edits
The uses of social science	60	DD206
Living psychology: from the everyday to the extraordinary	60	DD210

Continued on page 22.

120 credits required

At Stage 3, you will start with a choice of psychology modules. Social psychology: critical perspectives on self and others (DD307) explores topics such as personality, emotion, prejudice, conflict, and group processes; and deepens your understanding of what it is to be a person in a social context. Or, from October 2017, you will be able to choose one of two new modules: Advancing social psychology (DD317) or Counselling and forensic psychology: investigating crime and therapy (DD310).

For your second module at Stage 3, you can study another of these modules, or complete your degree with a module in criminology, international relations, politics, or sociology.

Module summary	CREDITS	CODE
Optional module – 6 Select one from:	0 credits	
Social psychology: critical perspectives on self and others	60	DD307
Advancing social psychology	60	DD317

(planned for October 2017)

Counselling
and forensic
psychology:
investigating 60 DD310
crime and therapy
(planned for
October 2017)

Optional module – 60 credits Study a second module from the group above or select one from:

Crime and justice	60	DD301
Earth in crisis: environmental policy in an international context	60	DU311
International relations: continuity and change in global politics	60	DD313
Living political ideas	60	DD306
Making social worlds	60	DD308
Personal lives and social policy	60	DD305









BSc (Hons) Computing & IT and Applied Psychology

With this flexible joint honours degree you can focus your studies on an area of computing & IT and combine it with applied psychology – dividing your time equally between subjects. Organisations are critically dependent on computing technologies, and people who can apply specialist IT knowledge within the context of another discipline are in particular demand.

This degree will help you establish, or develop, a varied and fulfilling career, and position yourself to meet the needs of today's employers.

Total credits: 360 Code: Q67

Start date: Oct 2016 (registration closes 08 Sep 2016)

Feb 2017

(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

Organisations increasingly value IT teams with wider business skills in addition to technical ability. This joint honours degree opens the way for careers in information technology, computing, communication technology, gaming and related fields – and with a sound grounding in a second subject you'll be well placed for roles in a wide range of sectors from government, health, education and the 'Third Sector', to business, finance and commerce.

You'll gain experience of team working and undertake a substantial piece of project work on a topic you've selected. You'll also gain a range of valuable transferable skills in communication, time management, analysis and problem solving.

Please note: completion of this degree will not make you eligible for the Graduate Basis for Chartered Membership (GBC) conferred by the British Psychological Society.

120 credits required

Computing & IT

Your computing & IT studies will begin with *My digital life* (TU100), which gives you hands-on experience of designing, building and programming computers, and explores the profound technological, economic, political and ethical changes brought about by information technology.

Applied psychology

In Investigating psychology 1 (DE100) you'll explore a range of fascinating psychological studies demonstrating how psychologists investigate how we think and behave – and how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Computing & IT		
Compulsory module	– 60 cred	its
My digital life	60	TU100
Applied psychology		
Compulsory module – 60 credits		
Investigating psychology 1	60	DE100

Stage 2

120 credits required

Computing & IT

You'll focus on one of five areas:

- Computer science: Objectoriented Java programming (M250) and Algorithms, data structures and computability (M269) – designing small computer programs using Java and Python programming languages; stating problems so they can be solved by computer.
- Digital technologies:
 Communication and
 information technologies
 (T215) principles underpinning
 new technologies including
 online communication
 and collaboration;
 storing, manipulating and
 transmitting data.
- Networking: Cisco networking (CCNA) (T216) configuring a LAN/ WAN using Cisco equipment (ideal preparation for industrystandard CCNA exams); configuring networks.

- Object-oriented Java programming (M250) and Software development with Java (M256) designing computer programs; Java programming skills; using software tools, e.g. IDE and UML; designing and implementing software systems, e.g. graphical user interface.
- Web development: Objectoriented Java programming (M250) and Web technologies (TT284) – programming skills; application development processes underpinning the World Wide Web; plan, design, implement and test web applications.

Applied psychology

Living psychology: from the everyday to the extraordinary (DD210) covers a broad range of psychological theories and research that relate to real-world issues. These include: love, sexuality, artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy.



Module summary	CREDITS	CODE
Computing & IT		
Optional module(s) – Select one of five opt		S
Computer science		
Object-oriented Java programming	30	M250
Algorithms, data structures and computability	30	M269
Digital technologies	5	
Communication and information technologies	60	T215
• Networking		
Cisco networking (CCNA)	60	T216

Software developme	nt	
Object-oriented Java programming	30	M250
Software development with Java	30	M256
Web development		
Object-oriented Java programming	30	M250
Web technologies	30	TT284
Applied psychology		
Compulsory module – 60 credits		
Living psychology: from the everyday to the extraordinary	60	DD210

120 credits required

Computing & IT

Depending upon your choice of modules at Stage 2, you can delve deeper into one of a number of topics that include software engineering, human-computer interactions, artificial intelligence and ebusiness technology.

In addition, this stage concludes with *The computing and IT project* (TM470). You'll research, develop and write up a project on a topic of your choice – presenting your findings in a substantial portfolio report that you can show to employers.

Applied psychology

In psychology, you'll study one of two modules. Social psychology: critical perspective on self and others (DD307) develops your critical understanding of theories and research in social psychology by investigating social behaviour, and our own and others' experiences. Counselling and forensic psychology: investigating crime and therapy (DD310) (planned for October 2017), will develop your skills and knowledge in both of these professional areas, while allowing for a certain level of specialisation in one. The module takes an applied approach and tackles issues such as counselling vulnerable clients and working with offenders.

Module summary	CREDITS	CODE
Computing & IT		
Optional module – 30 Select one from:	credits	
Communications technology	30	TM355
Data management and analysis	30	TM351
Interaction design and the user experience	30	TM356
IT systems: planning for success	30	TM353
Software engineering	30	TM354
Web, mobile and cloud technologies	30	TM352
Applied psychology		
Compulsory module	– 60 cred	its
Social psychology: critical perspectives on self and others ¹	60	DD307
Final project		
Compulsory module	– 30 cred	its
The computing and IT project	30	TM470

¹Or, from October 2017, Counselling and forensic psychology: investigating crime and therapy (DD310).





NEW BA (Hons) Criminology and Psychology

How and why do different societies define specific acts as 'crimes' and certain people as 'criminals'? Why do only some people develop addictions? Why do less equal societies have more crime? What is happening when a person tells a lie? Is crime best understood as the product of individual choices or social conditions?

This degree explores questions like these about how people behave and how governments determine what they will and won't tolerate, and why.

Total credits: 360 Code: Q98

Start date: Oct 2016 (registration closes 08 Sep 2016) Feb 2017

(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

This degree is directly relevant to careers within the criminal justice system, such as the police, prison and probation services, and organisations concerned with the care and resettlement of offenders, civil liberties, human rights, social justice, victim support, crime prevention, community safety and conflict resolution.

You'll develop a strong set of transferable skills, including the ability to analyse evidence; present arguments; write clearly; analyse statistical information; apply learning to real-world problems; conduct independent research; and reflect on your own work. These are all highly valued in fields such as education, health, human resources, management, social services, advertising, and career counselling.

Please note: completion of this degree does not make you eligible for Chartered Membership of the British Psychological Society (for eligible degrees, see pages 10–15), nor qualify you to practise as a forensic psychologist.

120 credits required

You'll begin with *Investigating the* social world (DD103) and you will then go on to study *Investigating* psychology 1 (DE100).

This provides a firm foundation for more specialised study in criminology and psychology, and develops essential study skills.

At Stage 1 you will study how criminologists think about and explain crime, deviancy, harm and victimisation, and how psychologists investigate thinking and behaviour, why people harm others, and how 'false' memories occur.

Module summary	CREDITS	CODE
Compulsory module:	s – 120 cre	edits
Investigating the social world	60	DD103
Investigating psychology 1	60	DE100

Stage 2

120 credits required

Stage 2 builds on the skills and knowledge you gained at Stage 1, and takes a more focused look at criminology and psychology.

Living psychology: from the everyday to the extraordinary (DD210) covers a broad range of psychological theories and research that relate to real-world issues. These include: love, sexuality, artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy. The other compulsory module is Criminological perspectives (DD212), planned for October 2018.

Module summary	CREDITS	CODE
Compulsory modules	s – 120 cre	edits
Living psychology: from the everyday to the extraordinary	60	DD210
Criminological perspectives (planned for October 2018)	60	DD212

Stage 3

120 credits required

In Stage 3 you'll study two compulsory modules. The first, Crime, harm and the state, is planned for October 2019.

You will then study a compulsory module, Counselling and forensic psychology: investigating crime and therapy (DD310) (planned for October 2017), which will develop your skills and knowledge in both of these professional areas, while allowing for a certain level of specialisation in one. The module takes an applied approach and tackles issues such as counselling vulnerable clients and working with

By the end of your studies, you'll be an independent thinker with the advanced critical and analytical skills needed to evaluate contemporary debates, analyse qualitative and quantitative data, and present empirical findings professionally.

Module summary	CREDITS	CODE
Compulsory modules	– 120 cre	dits
Crime, harm and the state (planned for October 2019)	60	DD311
Counselling and forensic psychology: investigating crime and therapy (planned for October 2017)	60	DD310





BA (Hons) Philosophy and Psychological Studies

Philosophy and psychology seek to answer profound questions about ourselves, our minds, our behaviour, and our place in the social and physical universe. What makes us happy? Do humans display irrational biases? How can I, a mere physical being, have thoughts and emotions? How does science progress and can I trust it? By what moral authority does the state rule over me? Who should get what? Is there a god?

By studying this degree you'll learn to: read and understand scientific and historical texts; construct and analyse arguments; understand and use a range of research methods; and express your ideas clearly and logically. These skills are relevant to a broad range of career opportunities, including media, marketing, financial and social services, administration and management.

Total credits: 360 Code: Q43

Start date: Oct 2016 (registration closes 08 Sep 2016) Feb 2017 (registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

The disciplines of philosophy and psychology are highly regarded by employers, who prize graduates' reasoning ability, clear thinking and specialist knowledge. Relevant careers include public administration, local government, the civil service, art institutions and social services; advertising, journalism, publishing, creative industries and public relations; education; legal work; business, banking and retail; human resources; charities and campaigning.

You'll sharpen your writing and IT skills, and develop transferable skills vital to effective decision making, including evaluating and presenting data; identifying and using information in constructing an argument; conceptualising and addressing problems from different perspectives; and thinking coherently about practical and abstract matters.

Please note: completion of this degree will not make you eligible for the Graduate Basis for Chartered Membership (GBC) conferred by the British Psychological Society.

120 credits required

At Stage 1 you'll study two compulsory modules. The arts past and present (AA100) is an absorbing grounding in the arts and humanities, including history, philosophy, music, literature, art history, classical studies, and religious studies. You'll develop essential study skills while engaging with a wide range of topics, periods and approaches, and enhancing your cultural understanding and enjoyment.

Then, in *Investigating psychology 1* (DE100), you'll explore how psychologists study our thinking and behaviour – and how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Compulsory module:	s – 120 cre	edits
The arts past and present	60	AA100
Investigating psychology 1	60	DE100

Stage 2

120 credits required

At Stage 2 you'll begin your specialist subjects. *Exploring philosophy* (A222) introduces you to six essential topics: the self; philosophy of religion; ethics; knowledge and science; the mind; and political philosophy. You'll examine the diverging ideas of philosophers past and present, and learn to tackle the big questions of philosophy for yourself.

Your second module at Stage 2, Living psychology: from the everyday to the extraordinary (DD210), covers a broad range of psychological theories and research that relate to real-world issues. These include: artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy.

Module summary	CREDITS	CODE
Compulsory modules	s – 120 cre	edits
Exploring philosophy	60	A222
Living psychology: from the everyday to the extraordinary	60	DD210



120 credits required

At Stage 3 you'll explore your specialist subjects in greater depth and detail.

Key questions in philosophy (A333) investigates five different topics in philosophy: truth in fiction; war; reason and action; the value of life; knowledge and reason. The study materials will enable you to examine these topics in some depth, while leaving space for independent study and reflection.

In psychology, you'll study Social psychology: critical perspectives on self and others (DD307) or, from October 2017, Counselling and forensic psychology: investigating crime and therapy (DD310).

Social psychology: critical perspectives on self and others (DD307) develops your critical understanding of theories and research in social psychology by investigating social behaviour, and our own and others' experiences.

Counselling and forensic psychology: investigating crime and therapy (DD310) (planned for October 2017) will develop your skills and knowledge in both of these professional areas, while allowing for a certain level of specialisation in one. The module takes an applied approach and tackles issues such as counselling vulnerable clients and working with offenders.

Module summary	CREDITS	CODE
Compulsory modules – 120 credits		
Key questions in philosophy	60	A333
Social psychology: critical perspectives on self and others ¹	60	DD307

¹Or, from October 2017, Counselling and forensic psychology: investigating crime and therapy (DD310).



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Association





BSc (Hons) Psychology and Law

Why do people harm others? What role does the law play in regulating justice within a society?

In this stimulating combination of psychology and law, you will tackle compelling questions like these, and gain an understanding of how we think, behave and interact with each other, as well as the legal awareness needed to understand and apply the law. You will explore the complexities of the law together with the intricacies of the human mind and behaviour, applying psychological and legal concepts and ideas to real-world situations. On this intriguing journey you'll improve your critical, analytical and communication skills, and develop your ability to work both independently and collaboratively. These skills are relevant to a wide range of careers outside the two important vocational areas of psychology and law.

Total credits: 360 Code: O93

Start date: Oct 2016

(registration closes 08 Sep 2016)

Feb 2017

(registration closes 05 Jan 2017)

Module availability is subject to change

Career relevance and employability

This degree is relevant to a very broad range of careers within the criminal justice system, such as the police, prison and probation services, as well as organisations concerned with the law, care and resettlement of offenders, civil liberties and human rights, social justice, victim support, crime prevention, community safety, and conflict resolution. The psychological and legal skills you'll develop will also be valuable in many other sectors, including education, health, human resources, management, social services, advertising, and career counselling.

You'll also gain a range of valuable transferable skills, including information and data analysis, reasoned argument, problem solving, and independent thinking.

Please note: completion of this degree does not make you eligible for Graduate Basis for Chartered Membership (GBC) by the British Psychological Society (BPS) or provide you with a Qualifying Law Degree (QLD).

120 credits required

You'll begin with *An introduction* to law (W101) which examines the role and function of a legal system by considering why laws develop, how laws are created, interpreted and applied, and the role that law plays in regulating and administering justice within a society.

Then, in *Investigating psychology 1* (DE100), you'll explore the different and fascinating ways that psychologists investigate how we think and behave, and consider how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Compulsory modules – 120 credits		
An introduction to law	60	W101
Investigating psychology 1	60	DE100

Stage 2

120 credits required

In Stage 2 you'll study two compulsory modules. In *Public law and criminal law* (W203), you'll explore the relationship between the state and its citizens and critically analyse the principles underpinning constitutional and criminal law. Case studies are used throughout to set theory in context and the international dimension of law is highlighted.

Living psychology: from the everyday to the extraordinary (DD210) covers a broad range of psychological theories and research that relate to real-world issues. These include: love, sexuality, artificial intelligence, superstition, psychic phenomena, conspiracy theories and psychopathy.

Module summary	CREDITS	CODE	
Compulsory modules – 120 credits			
Public law and criminal law	60	W203	
Living psychology: from the everyday to the extraordinary	60	DD210	





Continued on page 34.

120 credits required

Stage 3 consists of one compulsory module and two modules chosen from three options.

The compulsory module, Counselling and forensic psychology: investigating crime and therapy (DD310), is planned for October 2017. It will develop skills and knowledge in both of these professional areas, while allowing for a certain level of specialisation in forensic psychology. The module takes an applied approach and tackles issues such as counselling vulnerable clients and working with offenders.

You will be able to choose two of the following law modules: European Union law (W330) provides you with an intensive knowledge of different areas of European Union law, and will help you to develop and improve highly relevant academic and professional skills. This module has a practical focus looking at the workings of the courts and jurisprudence.

Law, society and culture (W340) explores the relationships between these three themes through the lens of diverse and cuttingedge issues. For the final part of this module you will have the opportunity to focus on either on the law and humanities or on the law and sciences.

Exploring legal boundaries (W350) will provide the opportunity to research the comparative and interdisciplinary issues of relevance to a legal topic of your own choice.

Module summary CREDITS CODE

Compulsory module - 60 credits

Counselling
and forensic
psychology:
investigating 60 DD310
crime and therapy
(planned for
October 2017)

Optional modules – 60 credits Select two from:

European Union law	30	W330
Law, society and culture	30	W340
Exploring legal houndaries	30	W350

Diploma of Higher Education in Psychology and Law (W53)

We also offer a diploma of higher education which follows the same curriculum as Stages 1 and 2 of the BSc (Hons) Psychology and Law (Q93).







QualificationS -oundation degrees/Diplomas of higher education

Foundation Degree in Counselling

This qualification is also available as a Diploma of Higher Education in Counselling (W09).

The value of counselling to improve wellbeing and quality of life is increasingly recognised. From everyday worries to serious mental health issues like chronic anxiety and depression, counsellors and psychotherapists are helping us cope.

This qualification, developed in partnership with the Counselling and Psychotherapy Central Awarding Body (CPCAB), will prepare you to become a professional counsellor – equipping you with the theoretical understanding and practical skills required to work in this field.

You'll engage in a unique mix of learning experiences, including practical, work-based learning in CPCAB courses delivered in conjunction with local Further Education colleges and other registered training providers, and knowledge-based modules provided by the OU. If you already have the required CPCAB qualifications, you can top these up with the OU modules needed to achieve this qualification.

If you are considering this qualification you should ensure that the relevant CPCAB courses are delivered in your area, and that you are aware of the CPCAB course entry requirements and fees. See **www.cpcab.co.uk** for more details.

For students studying outside England and Wales, this qualification is available as the Diploma of Higher Education in Counselling (W09), but is limited to areas where the CPCAB courses are delivered. Please check with CPCAB (**www.cpcab.co.uk**) for the latest availability.

Total credits: 240 Code: X09

Start date: Oct 2016

(registration closes 08 Sep 2016)

Module availability is subject to change

Career relevance and employability

This qualification enables you to practise as a professional counsellor in a wide range of settings, and work with a diverse range of people and issues such as mental health problems, relationship problems, physical illness and trauma. It also provides the required hours of specified learning which - with appropriate practice, supervision and personal development – will enable you to apply for individual accreditation with the British Association for Counselling and Psychotherapy (BACP). You can also use it as a staging post for further professional development, including topping up to an honours degree. You'll also acquire transferable skills that are particularly relevant to roles in health, social care and education.





Stage 1

120 credits required

We recommend that you study
Stage 1 – the CPCAB Level 4
Diploma in Therapeutic Counselling
– part-time over two years, at a
local college before registering for this OU qualification.

This CPCAB diploma provides the basic theory and practice of counselling, and is delivered through a network of Further Education Colleges and other registered training providers.

You'll find out more about different approaches to counselling, and develop your skills in working ethically, safely and professionally with a diversity of clients.

You'll also work in a supervised placement as a counselling trainee to gain the required experience of working with clients; and undertake the personal therapy (or alternative personal development) required from counselling trainees.

Module summary CREDITS CODE

Compulsory CPCAB course – 120 credits

CPCAB Level 4 Diploma in Therapeutic Counselling

120

At Stage 2 we recommend that you start with one from a choice of options. You can further your CPCAB studies with either the Level 5 Diploma in Psychotherapeutic Counselling or Level 5 Diploma in Cognitive Behavioural Therapeutic Skills and Theory. Alternatively, you can choose to study one from a choice of two OU 30-credit modules: *Death and dying* (K260) which explores issues such as how society handles death and how care for dying people has changed, or The science of the mind: investigating mental health (SDK228), which considers how mental health conditions like depression and dementia can be treated by focusing on the brain and its functioning.

Next, we suggest that you study the compulsory OU module Counselling: exploring fear and sadness (D240) – designed to deepen your understanding by examining how different counselling approaches work with the common issues of fear and sadness. You'll engage with key debates about diagnosis, drug treatments and the

importance of sociocultural factors in the treatment of anxiety and depression; and reflect on your own experiences in these areas.

You'll complete your theoretical studies with a choice of OU 60-credit modules covering psychology and mental health: Living psychology: from the everyday to the extraordinary (DD210); Mental health and community (K240) and Psychology of childhood and youth (E219).
Or, if you choose to study a CPCAB Level 5 diploma, the two 30-credit OU modules – K260 and SDK228 – detailed above.

Continued on page 38.



120 credits required

Optional CPCAB course or OU	
module – 30 credits	
Select one from:	

CREDITS CODE

Module summary

CPCAB Level 5 Diploma in 30 – Psychotherapeutic Counselling

CPCAB Level 5
Diploma in
Cognitive
Behavioural
Therapeutic
Skills and Theory

Death and dying¹ 30 K260

The science of the mind: investigating mental health¹ 30 SDK228

Compulsory OU module - 30 credits

Counselling: exploring fear 30 D240 and sadness

Optional OU module – 60 credits Select one from:

Living psychology:
from the
everyday to the
extraordinary

Mental health
and community

Psychology
of childhood

60 DD210

K240

¹If you choose to study a Level 5 CPCAB course you can study both K260 and SDK228 in place of the 60-credit option.

and youth

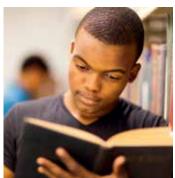
You may also be interested in ...

BSc (Hons) Sport, Fitness and Coaching (Q76)

If you are an aspiring or practising leader of sport or fitness activities, this degree will develop your understanding of sports science, training, coaching and leadership principles, as well as increasing your current effectiveness and skills in these areas.

To find out more, go to **www. openuniversity.co.uk/q76**.







Qualifications Open qualifications



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The OU's Open degree is the largest degree programme in the UK.

BA or BSc (Hons) Open degree

The BA or BSc (Hons) Open is the most flexible degree programme in the UK because you can study any subjects you like, in any combination. This means you can build a qualification that's unique to you.

The degree allows you to choose modules from any subject area so you can, for example, combine psychology and counselling modules with modules from other disciplines, such as science or the humanities.

Total credits: 360 Code: QD

Start date: Oct 2016 (registration closes 08 Sep 2016)

Feb 2017

Career relevance and employability

(registration closes 05 Jan 2017)

Highly regarded by employers, an Open degree equips you with a wide range of expertise, skills and capabilities that are much sought after in today's highly competitive job market.

An Open degree on your CV shows more than your level of knowledge about a subject. It demonstrates to employers that you're someone who is up for a challenge and committed to successfully seeing it through, with excellent time management and prioritising skills.

How you can focus your Open degree on psychology and counselling

The suggested route on page 40 shows how you can focus on aspects of psychology in combination with other subjects that are of particular interest to you. However, this is just one example of the many combinations you can study and you are not restricted to this route in any way.

Continued on page 40.

Stage 1

120 credits required

For your first 60 credits, you'll have a choice from a wide range of OU key introductory modules across different subject areas. Focusing on psychology, we recommend *Introducing the social sciences* (DD102).

Next, in *Investigating psychology 1* (DD100) you'll explore how psychologists study our thinking and behaviour – and how academic research can be applied in real-life settings.

Module summary	CREDITS	CODE
Introducing the social sciences	60	DD102
Investigating	60	DE100

Stage 2

120 credits required

Building on the introduction to investigating psychology, at Stage 2 you can study *Living* psychology: from the everyday to the extraordinary (DD210), which explores core areas of psychology (e.g. social, cognitive, developmental), and applied aspects of professional practice (e.g. clinical, forensic, counselling).

For your remaining 60 credits you'll have a free choice from a wide range of OU level 2 modules across different subject areas.

Module summary	CREDITS	CODE
Living psychology: from the everyday to the extraordinary	60	DD210
Choose from a wide range of OU level 2 modules	60	_

Stage 3

120 credits required

For your final psychology module, at Stage 3, you can continue your studies with *Social psychology:* critical perspectives on self and others (DD307), which uses traditional and cutting-edge social psychological theories to explore some of the most exciting and pressing issues we face in our complex, fast-changing world.

For your remaining 60 credits you'll have a free choice from a wide range of OU level 3 modules across different subject areas.

Module summary	CREDITS	CODE
Social psychology: critical perspectives on self and others	60	DD307
Choose from a wide range of OU level 3 modules	60	_

Diploma of Higher Education Open (W34) and Certificate of Higher Education Open (T09)

We also offer a diploma of higher education which follows the same structure as Stages 1 and 2 of the Open degree and a certificate of higher education which follows the same structure as Stage 1 of the degree.





It Work

Studied before?

Undergraduate study

To achieve your chosen qualification, you need to build up a set number of credits.



You gain credits by completing a series of modules. Credits vary by module.



You choose the modules you want to study, year by year.

Depending on your qualification, some modules may be compulsory while others may be selected from a set of options.

Are there any entry requirements?

We believe that the grades you got at school aren't the only measure of ability, which is why you don't need any previous academic qualifications to study with us, but you do need:

- A computer and reliable internet access – they're an essential part of our study programmes. Depending on where you live and how much you earn, you could receive financial help to buy a computer.
- A good grasp of the English language – our modules are taught in English and you need to be a competent user of the English language to study at higher-education level. If you're not sure, help and guidance are available, go to www.openuniversity.co.uk/ englishlanguage.

Decide what to study

We offer the following undergraduate qualifications in psychology and counselling:

- Certificates of higher education (CertHE)
- Diplomas of higher education (DipHE)
- Foundation degrees
- **Degrees** a named degree in a specific subject or an Open degree.

Certificate of higher education (CertHE)

Equivalent to the first year of an honours degree, a certificate of higher education is perfect for rounding your knowledge in a particular skillset or area of study.

You'll need 120 credits to complete a certificate.

Diploma of higher education (DipHE)

Our diplomas of higher education focus on a specific area of expertise. That may be a job, a profession or a particular subject. Equivalent to two-thirds of an honours degree, they'll help you expand your knowledge and improve your current skillset.

You'll need 240 credits to complete a diploma.

How it works

Foundation degree

Foundation degrees focus on a particular job or profession, so you must be working or volunteering in a related work setting. They're the equivalent to two thirds of an honours degree – and most of these are also offered as diplomas of higher education for people living or working in Scotland.

You'll need **240 credits** to complete a foundation degree.

A degree in a named subject

An undergraduate or bachelors degree is widely recognised among employers as being confirmation you've achieved a significant level of expertise in a field of study. The modules you'll need to study will be mainly in your chosen subject.

Like all universities based in the UK, we'll 'grade' your degree into one of four classes: 1 (first – the highest level), 2:1 (upper second), 2:2 (lower second) or 3 (third).

You'll need **360 credits** to be awarded a degree with honours.

An Open degree

Our most popular degree lets you tailor a qualification to your needs and interests, with a wider range of module choice. You can combine modules from similar or different subjects to suit either your particular career or personal interests.

You'll need **360 credits** to be awarded an Open degree with honours.

Count your previous study

If you've studied at higher education level before, you may be able to count this study towards your OU qualification, reducing the cost and saving you time too. To find out how this works, go to www.openuniversity.co.uk/credit-transfer.



Most OU students study part time. Exactly how long it takes depends on how many credits you achieve each year, and which qualification you're working towards.

If you're thinking of studying full time, you'll need to plan your studies carefully as it involves studying more than one module at a time – we don't recommend you take on more than two modules simultaneously. You'll also need to bear in mind that, depending on your chosen qualification, the required modules may not all be

available within your study year or may not be studied together for academic reasons. If this is the case, you won't be able to study full time.

The table below gives some examples of how long it will take to complete a qualification.

Undergraduate qualifications

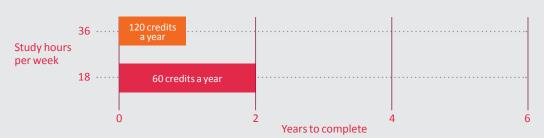
Degree (360 credits)



Foundation degree/Diploma of higher education (240 credits)



Certificate of higher education (120 credits)



Studying at a rate of 30 credits a year will require nine hours study per week. It will take double the time of studying 60 credits a year to complete your qualification.

For students studying undergraduate qualifications

Deciding which qualification you'll study is the first step. Then it's time to work out how you'll go about funding your studies. We work hard to keep the costs low without compromising the quality of our teaching, meaning you get value for money. We'll do our best to help you find a way of paying that suits your circumstances.

Access modules

You may qualify for a free Access module

It's our aim to do everything we can to help people who'd like to take their education further. We start by offering you the opportunity to study a free Access module if you meet the following eligibility criteria:

- you are resident in the UK or have a BFPO address outside the UK (excludes Channel Islands and Isle of Man)
- you are studying the module as an additional preparatory stage towards an OU qualification (this doesn't apply if you are resident in Scotland)
- you have a household income (or a personal income if you live in Scotland) of £25,000 or less, or are receiving qualifying benefits
- you have not completed any more than one year on a full-time undergraduate programme at NQF level 4/SCQF level 7 or above, or completed 30 credits or more of OU study.

If you don't qualify for a free Access module

The cost of an Access module varies depending on where you live:

- if you live in England, the Channel Islands or the Isle of Man the fee is £696.
- if you live in Northern Ireland, Scotland or Wales the fee is £233.

You can pay up front by debit/ credit card or by bank transfer, or you could spread the cost of your studies with an Open University Student Budget Account (OUSBA), see page 47 for more information.

If you're studying the Access module as an additional preparatory stage towards an OU qualification, and you live in England or Wales, you may like to think about covering the costs with a student loan, see page 47.

Understanding the OU's fees

If you're ready to study for a qualification such as a degree in a named subject or an Open degree, you can use the guide below to get an idea of the costs involved. You'll pay on a module-by-module basis, so you don't need to worry about paying for it all up front.

Living in England

Credits each year	Cost per year ¹
30 credits	£1393
60 credits	£2786
120 credits	£5572

¹ 16/17 prices; fees normally increase annually in line with inflation and the University's strategic approach to fees.

At today's prices, the total cost of a 360-credit honours degree would be £16,716.

Living in Northern Ireland, Scotland or Wales

Credits each year	Cost per year ¹
30 credits	£466-£589
60 credits	£893-£1065
120 credits	£1786-£2130

¹ 16/17 prices; fees normally increase annually in line with inflation and the University's strategic approach to fees.

Please note that fees for professionally relevant programmes of study (e.g. law) may be significantly higher than the ranges quoted.

At today's prices, the typical cost of a 360-credit honours degree would be between £5358 and £6390.

Living outside the UK

If you're living outside the UK, the fees will be the same as those for students living in England.

Additional costs

There may be extra costs on top of our tuition fees, such as travel to tutorials, set books and internet access.



"The tutor was great – supportive, clever and challenging – and the materials were superb."

Josephine Brew, studied with the OU

We offer various ways to pay for your study.

Student finance

Living in England or Wales

Student Finance England and Student Finance Wales offer student loans to fund study.

Irrespective of how old you are or how much you earn, a student loan may be the best way to pay for your studies if you live in England or Wales. It's the most popular way to pay, and you only start paying it back when your salary exceeds the income threshold, currently £21,000.

Example repayment amounts:

Income each year before tax	Monthly repayment
Up to £21,000	£0
£22,000	£7
£25,000	£30
£30,000	£67

To qualify for a loan, you'll need to be studying at least one OU module, worth 30 credits.

If you get a student loan:

- You'll have nothing to pay for up to four years.
- Repayments will be based on what you earn, not what you owe.
- Payments will be deducted automatically from your salary.
- You can pay off the loan early without any penalties.
- If, for any reason, there's a balance outstanding after 30 years – it'll be written off.

Living in Northern Ireland or Scotland

If you live in Northern Ireland you may be eligible for a Fee Grant of up to £1230 to help towards the cost of your module fees. The amount you get depends on how much you earn and how many credits you're studying.

If you live in Scotland and your personal income is £25,000 or less, or you're on certain benefits, you could qualify for a Part-Time Fee Grant to cover 100% of your course fees. It isn't a loan – you won't need to pay it back.

Study support or discretionary funds

You may be eligible for means tested funding. It's for study related costs such as travel, childcare and internet access.

Self-funded studies

We make it easy to pay for your studies straight away with a credit or debit card, or via a bank transfer.

Or you could pay for your studies with an Open University Student Budget Account (OUSBA), see right for more information.

Open University Student Budget Accounts Ltd (OUSBA)

OUSBA offers a helpful way to budget for your qualification over a longer period of time, especially if you're studying alongside a career, or have a young family.

Pay by instalments – OUSBA can work out your OU fee and pay it, on your behalf, to the OU. OUSBA then spreads the fee and the interest payable over up to one year, letting you pay back your fees monthly.

Register first, pay later – OUSBA can pay your full module fee direct to the OU. You then repay OUSBA interest-free, in full, just before your module starts. 0% APR representative.

You must be at least 18 years of age and credit is subject to your financial circumstances and status.

Employer sponsorship

When you're better qualified, you're a more valuable employee. So it's always worth talking to your employer, to find out if the company or organisation would be willing to sponsor you.

MORE ONLINE

To find out more about paying for your studies, go to www.openuniversity.co.uk/ug-fees

Or call an OU adviser on +44 (0)300 303 5303

Other useful information

Studying outside the UK

Wherever you are in the world, you may be able to study directly with the OU.

For information on available qualifications, your study experience, and what the OU can offer you, go to www.openuniversity.edu or call +44 (0)300 303 0266.

Equality and diversity

We're committed to creating an inclusive university community, where everyone is treated with dignity and respect. We will challenge inequality, and anticipate and respond positively to different needs so that everyone can achieve their potential.

More information is available on our Equality and Diversity website, go to **www.open university.co.uk/equality**.

Students under the age of 16

Very exceptionally, we consider applications from particularly gifted students under the age of 16. If you'd like to make an application, please contact us directly on +44 (0)300 303 5303.

Data protection

We record your personal information when you contact us and use this to manage registration, study, examination and other services. When you register, we'll tell you more about how we process and use your personal information.

Calls may be recorded to help us improve what we do for you.

Contacting us in writing

If you need to contact us in writing, you can use the following address:

The Student Recruitment Team
The Open University
PO Box 197
Milton Keynes
MK7 6BJ
United Kingdom

Students with additional needs

When you register to study with us, we'll ask you whether you have a disability, health condition, mental-health disability or specific learning difficulty (such as dyslexia) that might affect your studies or examinations. If you do, we'll direct you to more detailed information about the services we offer

Disabled Students' Allowance (DSA) – UK students only

Disabled Students' Allowances help with study costs that result directly from your disability or specific learning difficulty. Allowances are not means-tested and may go towards specialist equipment (such as an adapted computer), non-medical study support (for example, a signlanguage interpreter; a note-taker or a dyslexia support worker) or other related expenses. You can also apply for help with study-related travel costs that directly result from your disability.

Eligibility and allowances depend on where you live and what you're studying. If you are eligible for a DSA the University will only provide study support that cannot be provided by the allowance.

For information and advice about all services for students with disabilities, speak to an OU adviser on +44 (0)300 303 5303 or go to www.openuniversity.co.uk/disability.

Other ways to read this prospectus

You may find it easier to access information from our website at **www.openuniversity.co.uk**.

We can supply this prospectus as a PDF and in other formats. Please call +44 (0)300 303 5303, or email us from our website at www.openuniversity.co.uk/contact.



Ordering other prospectuses

You can go online at www.openuniversity.co.uk/prospectus to download or order one of our other prospectuses.

Access Module Certificates

Introductory modules to build your confidence

Open qualifications

Build a qualification that's unique to you

Other subject-specific prospectuses

- Arts and Humanities Prospectus
- Business and Management Prospectus
- Computing and IT Prospectus
- Education, Childhood and Youth Prospectus
- Engineering, Design and Technology Prospectus
- Environment and Development Prospectus
- Health and Social Care Prospectus
- Languages Prospectus
- Law Prospectus
- Mathematics and Statistics Prospectus
- Science Prospectus
- Social Sciences Prospectus





While you're online, you'll see that we have a huge range of taster modules available. OpenLearn is available to everyone, it's free of charge, and gives you a good idea of what higher education is like in almost every subject.

www.open.edu/openlearn

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Follow us on Twitter Watch us on YouTube







Contact us

In England, Scotland, Wales, the Channel Islands, the Isle of Man and BFPO addresses outside the UK

- Go to www.openuniversity.co.uk
- Call our Student Recruitment Team on +44 (0)300 303 5303

Lines are open (UK time): Monday to Friday 08:00 to 20:00 Saturday 09:00 to 17:00

Calls are charged at the UK local rate when calling from a UK mobile phone or landline.

• Email us from our website at www.openuniversity.co.uk/contact

In Northern Ireland

- Go to www.openuniversity.co.uk
- Call our Belfast office on 028 9032 3722
- Email us at northernireland@open.ac.uk

In the Republic of Ireland

- Go to www.openuniversity.edu
- Call our Enquiry and Advice Centre in Dublin on (01)6785399 or our Belfast office on +44 (0)28 9032 3722
- Email us at ireland@open.ac.uk

All other countries

- Go to www.openuniversity.edu
- Call us on +44 (0)300 303 0266

I siaradwyr Cymraeg

Os ydych yn siarad Cymraeg a byddai'n well gennych drafod eich anghenion astudio drwy gyfrwng y Gymraeg, cysylltwch â:

Y Brifysgol Agored yng Nghymru, 18 Heol y Tollty, Caerdydd, CF10 1AP

- Ffoniwch 029 2047 1170
- Ebost wales-support@open.ac.uk

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